WINTER 2020
Volume 7

ALC Times

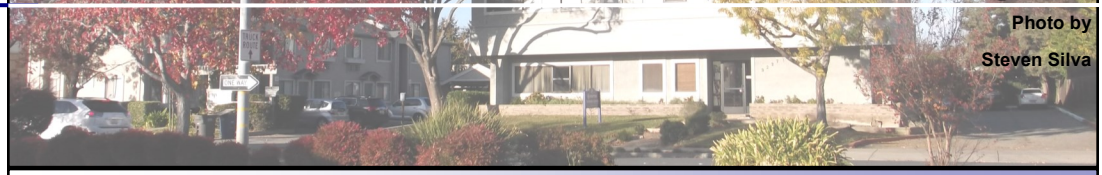
Photo by Steven Silva

A Newsletter Created by Individuals from the Adaptive Learning Center Community

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ALC STAFF:

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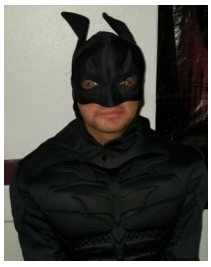
Monster Mash

ALC had a Halloween Party at the center this year, with an evening of dinner, DJ and dancing. We had Round Table Pizza and burritos for dinner and Kitty Litter cake for dessert. The costume contest was entertaining and it was fun to hear all the stories about their costumes. Congratulations to Tyler, Jennifer, Kelly and Josh M. for winning the contest. It was fun to see everyone's costumes, and dancing. The DJ had good song choices. This year was different than past year's annual celebrations, and had it here at ALC in the evening.

Thomas' custom made costume

4 DC characters together, L to R, Thomas as Deadshot, Kelly as Harley Quinn, Andrew as Batman, & Josh M. as the Joker.



"I'm Batman"

(Continued on page 2)

ALC Supported Employment Update

ALC is happy to have a great Supported Employment department at ALC including Lanita Mims, Employment Coordinator, Alicia Bell, Employment Coordinator, and Sarah Rozeville, Employment Specialist. The vocational team helps support people to find the right placement for each individual, and maintain their volunteer and paid jobs in through Job Club and job coaching. They assist people with classes, vocational activities, resources, jobs, and to gain valuable experience in the community. Supported employment services are also offered to people outside of the Community Living program. For more information contact Lanita at ext. 103, lmims@alc-ca.org, or Alicia at ext. 111, abell@alc-ca.org.

Photographed left to right: Lanita Mims, Employment Coordinator, Alicia Bell, Employment Coordinator, and Sarah Rozeville, Employment Specialist

Monster Mash (Continued from page 1)

Tyler as dinosaur hunter

Halloween costume contest at party

Steven as Forky from Toy Story 4, and Becky as Ms. Valerie Frizzle

Tim's homemade costume and Ryan as Elvis

Holiday Potluck

ALC enjoys annual holiday potluck together.

Photos by Alicia Bell

Mok and Alicia and their holiday sweaters

Donna helping with the delicious food

Rebecca

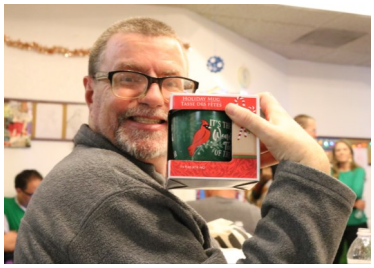
Donna handing out gifts

Becky & Jay

Rachel & Stephanie

Alicia & Andrew

Lucy



Brian

Kate and Aaron giving each other Reindeer Antlers

Vicki

No-Cook Taco Salad

by Carol Bishop

Ingredients - in a large bowl add:

Salad Mix or chopped head of lettuce

Cut up tomato

Cheese 1 cup

Tortilla chips crushed 1 cup

Chopped cooked chicken

Can of pinto beans

Jar of Salsa (half for salad, and half for dressing)

Directions: Mix all the ingredients in bowl. Split into 2 meals, and save half in the fridge for the next day.

Dressing: Half jar of salsa mixed with sour cream.

Interview with Steven Silva

Team group picture at Frontierland, Disneyland

By Andrea Halliday

Steven recently won a trip to Disneyland with his team, the Flamingos, in the ALC Living Healthier Challenge.

How long have you been at ALC? 24 years.

Tell us about your art-work: Around 20 years ago I started creating perler bead art mosaics of a variety of images that I like, such as trains, Disney characters, Disneyland, Curious George, and even the Beatles. Now I am doing a picture of Tinkerbell. I made the Concord Bart Station. That was hard because it kept changing. I made the current version of the BART train in 3D on elevated tracks, and the old version of the BART train before that in 3D also. I made a Disneyland Toon Town 2D, and Finding Nemo monorail. Then I did a 3D Disney perler bead railroad train station. It took about 9 months to make. I also completed my 3D perler bead model of the newest BART train, and the interiors of the trains.

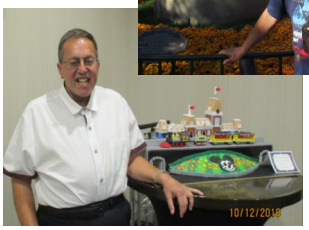
Newest BART train made out of perler beads by Steven

Have you ever gone to any music concerts? Yes, I saw Peter Frampton and Rolling Stones in concert. I saw Elvis in concert twice, in 1969 at the Oakland Coliseum, & at the SF Cow Palace around 1972. I went to the Animals and Tom Jones concerts at the Circle Star Theater, and Tom Petty and Huey Lewis & the News at the Concord Pavilion, & others. Great America had concerts too, at the Redwood Amphitheater.

What do you like about trains? I like to see them go by and blow the whistle. Since I was 10 years old I used to go for a ride in the car and would stop and see the trains go by the railroad crossing. I would tell my Dad to turn around to see the train go by. I remember my first train ride was with my brother, Cliff, when he was in the boy scouts. I read books on trains and got into it, and I have a video on train layouts.

Have you ever ridden a train out of state? Yes, to Oregon and Reno.

If you could go anywhere on a train where would you go? Florida to see the scenery and go to Disney World. I have never been there, but I have been many times to Disneyland on an airplane by myself.



Disneyland Train Station made out of perler beads by Steven

When was the last time you were on a train? Last year in November on Amtrak from the Martinez station to Old Sacramento.

If you could travel anywhere where in the world, where would you go? Tokyo Disneyland.

What would be your dream job? In charge of running a ride at Disneyland.

STEVEN'S FAVORITES

Favorite train: passenger trains

Favorite Disney character: Mickey Mouse

Favorite Disneyland ride: Pirates of the Caribbean

Favorite Disney movie: The Little Mermaid

Favorite holiday: Christmas

Favorite music: Beatles

Favorite Beatles song: *"Hello, Goodbye"*

ADAPTIVE LEARNING CENTER

A Key To Individual Potential

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Mission Statement: The mission of the Adaptive Learning Center is to provide a safe and healthy community for adults with neurodevelopmental disabilities and Autism Spectrum Disorders to realize their individual potential for self-reliant living as defined by the ability to engage in productive work, to socialize successfully, to attend to their own physical and emotional health, and to experience on-going personal growth.

ALC's Vision: ***A community where individuals of all abilities have limitless opportunities***

WINTER WORD SEARCH

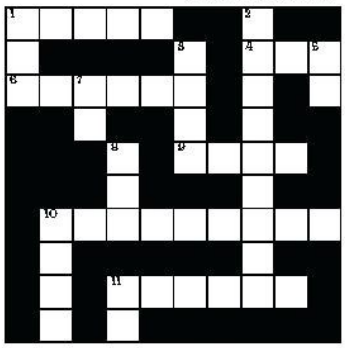
W	E	A	T	H	E	R	W	G	S	F	P	S	F	M
O	H	J	V	O	L	J	O	N	J	V	H	N	J	J
K	F	R	A	C	S	M	E	O	K	O	L	O	M	G
D	R	H	B	P	T	T	D	P	V	B	P	W	W	N
I	E	L	J	Q	T	O	I	E	L	J	Q	F	O	I
W	E	P	N	I	W	K	L	I	P	N	S	L	K	T
S	Z	Q	M	W	Q	D	S	D	Q	M	F	A	D	A
N	I	A	K	S	B	I	U	W	A	K	F	K	I	K
A	N	S	L	I	D	E	I	S	S	L	U	E	W	S
M	G	W	J	C	D	L	L	A	W	J	M	D	S	W
W	W	X	I	D	S	N	O	W	X	I	R	B	U	X
O	C	C	U	F	D	D	P	C	C	U	A	D	D	C
N	V	D	O	M	G	G	N	I	D	D	E	L	S	D
S	B	E	P	I	C	C	R	E	T	N	I	W	C	E
F	S	L	I	P	P	E	R	Y	R	T	A	H	H	R

See how many of these words you can find in the puzzle. The words can be forward, backward or diagonal.

1. Snow
2. Snowman
3. Winter
4. Weather
5. Shovel
6. Cold
7. Freezing
8. Snowflake
9. Slippery
10. Slide
11. Sledding
12. Skating
13. Scarf
14. Hat
15. Earmuffs
16. Mittens

Winter Words

www.bogglesworldesl.com



Boggle's World

Across

1. What do you wear around your neck?
4. What do you wear on your head?
6. What hangs from your roof?
9. Where do icicles hang?
10. What do you eat in winter?
11. What do you wear on your hands?

hint

Down

1. What do you do in winter?
2. What do you drink in winter?
   Hot _____ .
3. What animal sleeps through the winter?
5. I like __ drink hot chocolate.
7. It snows __ winter.
8. I ____ skate.
10. How's the weather in winter?
11. ___ to bed!